

Name _____

Project _____

Employer _____

Date _____

Please read and acknowledge the following requirements related to recent COVID-19 pandemic and the steps that are being taken to prevent the spread at this workplace and elsewhere.

How COVID-19 can be spread and transmitted

Coronavirus, like COVID-19, can be transmitted via liquid droplets when a person coughs or sneezes. The virus can be transmitted via these droplets through the eyes, nose or throat if you are in close contact. The virus is not something that comes in through the skin.

Coronavirus can be spread by touch if a person has used their hands to cover their mouth or nose when they cough or sneeze; or if they cough, sneeze, or spit on a surface. This is why the BC Centre for Disease Control recommends you cough or sneeze into your arm and wash your hands regularly.

I am aware of and agree to the following:

Initial _____

- _____ I will check in with my Supervisor upon arriving EVERY day before commencing work.
- _____ I am aware of the location of the handwashing station(s) on site.
- _____ I will wash my hands thoroughly when entering or exiting the site, before/after meal breaks and on a regular basis throughout the day.
- _____ I understand that I should avoid touching my face, eyes, nose or mouth.
- _____ I understand that I should not share food or drinks with others.
- _____ I will avoid sharing or using other people's tools.
- _____ I will maintain a minimum of 2 meters (approximately 6.5') between myself and other workers unless effective task-specific measures are in place.
- _____ If I experience COVID-19 symptoms (such as a fever, cough or difficulty breathing) I will immediately leave the site, notify my Supervisor and the Site Superintendent by phone or email, and follow Health Canada instructions.
- _____ I will follow the most recent guidelines as provided by HealthLinkBC at www.healthlinkbc.ca/ and the provincial health officer's orders at www.gov.bc.ca/covid19

Workers are NOT permitted at this project and will be sent home:

- If they are presenting symptoms of a cold or flu, regardless of whether or not the illness has been confirmed as COVID-19.
- Until they have completed a 14 day self-isolation period after travelling outside of Canada.
- Until they have completed a 14 day self-isolation period if they have come into contact with a person who has tested positive for COVID-19.

I understand and will comply with these measures.

Worker Signature: _____

If a worker cannot communicate in English, a co-worker may translate the information discussed in this orientation, AND a translator must be on site anytime the non-English speaking worker is on site.

Translator Name: _____ Translator Signature: _____