

Recommended First Aid Minimums

These recommended minimums are for regular construction and should be followed once PCML assumes the role of prime contractor. Staffing to achieve these minimums is at the discretion of the Site Superintendent. Circumstances like construction of Sale Offices or post-Occupancy will be addressed elsewhere.

First Shift

7 AM to 3 PM for most sites (7:30 AM start for some municipalities) Monday to Friday.

Workers	Primary First Aid Attendant	Secondary First Aid Attendant
Up to 9	1 Intermediate FAA	none
10 to 99	1 Advanced FAA	1 Intermediate FAA (or higher)
100+	1 Advanced FAA	1 Advanced FAA

Any Intermediate FAA should also have their Transport endorsement (1 day course)

Second Shift and other circumstances

Since most sites operate until 5 or 6 PM, another **Advanced FAA** should be scheduled to start at 9 or 10 AM. This provides coverage for longer site hours without requiring overtime and redundancy in case the First Shift Advanced FAA is not on site due to unplanned absence. Site activities will only need to be delayed until the Second Shift Advanced FAA is on duty. It also allows for breaks since without another FAA to cover the Primary FAA is always on duty, even during meal breaks.

If a Secondary FAA is not available for the full duration of the second shift then the Primary FAA must perform no other duties other than First Aid (i.e. remain in the First Aid Room and wait for an injury/incident) once the Secondary FAA is off-duty.

Equipment

For any site there needs to be:

- 1 Intermediate First Aid Kit
- 1 Transport Kit – cervical collar(s), lifting device (spine board), stretcher, lower limb splints, vomit bag, blankets

Once there is an Advanced FAA on site you will also need:

- 1 Advanced First Aid Kit
- 1 Oxygen Therapy Kit – O2 cylinder, regulator, gauge, flow meter, NRB mask, nasal canula, airway kit, BVM, pulse oximeter, suction unit

Facilities

Once there are 20 or more workers on site;

- 1 First Aid Room - 100 sq ft

After Hours Work

Any workers planning to work past the regularly scheduled hours for the FAAs must be coordinated and documented by PCML in advance.

If there is work going on in less-accessible areas (e.g. excavations, areas only accessible by ladder, or requiring fall protection) **1 Intermediate FAA** with Transport Endorsement can cover up to 8 additional workers.

If all work is at ground level, or areas that are easily accessible by stairway or hoist/elevator then it may be possible for **1 Basic FAA** to cover up to 8 additional workers provided no fall protection is required, and no structural construction is undertaken.